



Access Care of Coastal Texas, Inc.
Education, testing, care and support services for HIV-affected residents in
Galveston, Brazoria & Matagorda Counties
October 2015

## **UPCOMING EVENTS**

- Lee's Art Lesson this month will be on Thursday, October 8th at 11 a.m. The plan is to start working on center pieces and decorations for the up-coming ACCT Anniversary party. So come join the fun.
- C.A.B. will meet on Thursday, October 8th at 12:30.
- The Houston Volunteer Lawyers will be here on October 8th at 9 a.m. Be sure to call Sally to make an appointment or to find out what services they offer.
- ACCT's Second Annual Costume Contest will be at our San Luis does lunch for our Halloween Party on Thursday, October 29th at noon. Get those costumes together!

#### **HELP! WE NEED VOLUNTEERS**

We are looking for reliable volunteers to help in the food pantry the last two weeks of the month. If you are flexible and can help stock shelves and put pantries together, please call Darron at 409-763-2437.

Another opportunity to volunteer is once a month for the newsletter team. We put the newsletter together to mail on the last Tuesday of the month. This month we will meet to work on Tuesday, October 27th at 9:30 a.m. at ACCT.

# **FREE HIV TESTING**

ACCT does free, anonymous testing every day during regular business hours. Knowledge is power! Get tested today.

#### FREE HIV & STD TESTING

Planned Parenthood will be testing on Thursday, October 8<sup>th</sup> & 22nd from 10:30 – 2 p.m. Tests include Syphilis, Gonorrhea, HIV, Chlamydia and Hepatitis C.

#### **BERING DENTAL**

There will be van transportation to Bering Dental on Fridays, October 9<sup>th</sup> & 23rd. You need to call the clinic at 713-524-7933 to make an appointment. Tell them you will be receiving transportation from ACCT. Bering requires you to make your own appointment. Van space is limited, but less than before with our new van!

### HURRICANE PREPAREDNESS

As we all know the hurricane season is here and does not end until December1st. If you need information about the Medication Program, forms are available at ACCT or you can call and we will send you the necessary documents.

#### **SUPPORT GROUP**

The HIV Support Group for individuals meets every 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month at 12:45.

### "FRIENDS FEEDING FRIENDS"

We serve clients and a guest lunch every Thursday at noon. It is \$100 to sponsor a lunch, and we feed approximately 50 people each week. If you would like to donate a meat, we can fill in with a salad and sides or you can donate a lunch, cook or help out. Please call ACCT at 409-763-2437 to volunteer.

## THANK YOU, THANK YOU, THANK YOU!

- Dana Finley for always remembering our client's cats with great food!
- G.W. for donating lots of toothpaste George for lots of soaps for our client's hygiene bags!
- Clothes, books and appliances from David Bowers, Nathan Sweeten Karen Waterman, Ellen Klimenko, Danny Pickett, Brenda Rekoff & Cheryl Mogridge!
- To our super newsletter team faithful George, sister Val, newbie Carol and super stamper Joe!
- Brack and the Tideway group for the super delish meatloaf, mashed potatoes and green beans!
- Trinity Ladies for the best ham and scalloped potatoes ever and green beans with very tasty chocolate cake!
- James and Joey with the help of Stephen, Tyler, Karen & Scott they served up fantastic spaghetti, a perfect salad, always great garlic bread and yummy cakes!
- Charlene for this month's Pineapple
   Upside down cake from ShyKatz for our birthday celebrations! Mark says thank you!

#### **WISH LIST**

- We give our clients a "Goody Bag" for the holidays with necessary hygiene products such as soap, shampoo, deo, toothbrush and paste, and razors. Any and all donations are greatly appreciated.
- We are still accepting "gently" used clothing, shoes and hangars.
- Pet food is always welcome for our client's cats and dogs.
- Cleaning supplies for our clients especially antibacterial soaps and bleach.
- We have a small "lending" library so any books or magazines you would care to donate would be greatly appreciated.

## **GIFTS!**

# **V.J. Tramonte (\$100)**

In Honor of Mendoza & Wade's Marriage

&

Plant & Montgomery's Marriage

# Charlene Lutz (\$100)

In Honor of Daughtry & Wells' Marriage

&

Campbell & Webb's Marriage