

ACCT



Our Mission: To provide compassionate community based education and services that empower people of all ages to live courageously with HIV/AIDS.

ACCT NEWSLETTER

UPCOMING EVENTS

- The “Wellness Group” meets on the 1st and 3rd Thursdays after lunch. The Group is facilitated by our Marianna and Rex and Ryan from Southside Pharmacy. It is growing, come be a part.
- “Lee’s Art Lessons” - This month we will be painting abstracts to music. You just “go with the flow”. Join us at the Center on Tuesday, September 10th, from 11 a.m.—2 p.m. We will be serving lunch and it is FREE. Transportation is available so call Jake at 763-2437 to be picked up.
- The Houston Volunteer Lawyers will be at ACCT on Thursday, September 19th at 9 a.m. Call to make an appointment or to discuss what services they offer.
- Our monthly movie day is on the 4th Tuesday of the month. This month it will be on September 24th from 11 a.m. –2 p.m. A newly released movie will be shown and we will be having popcorn and a tasty lunch. Call Jake for a ride.
- The CAB Group will be meeting on Thursday, September 26th after lunch.
- Yoga classes will be on the last Wednesday of the month. The classes are taught by Marianna and will be on the 25th this month from noon to 1 p.m. Transportation is not provided.
- ACCT will be closed on Monday, September 2nd for Labor Day. Have a safe and fun holiday.

A Huge Success

Robert’s Lafitte and “The Ladies of Lafitte’s” hosted a “Christmas in July” School Supply Drive for our clients with school aged children. They raised over \$5,000 and collected boxes of school supplies. We were able to provide both uniforms and supplies to our families. What a wonderful and thoughtful project to help our children here at ACCT that have been affected by the HIV virus. Thank you, thank you, thank you!

Mark

From Lee

On September 10th, be sure to bring your CDs to Lee's Art Class, We will be painting abstracts on small canvas to the beat of our favorite tunes. This class is about putting your feelings out there. You can trade with a friend or take yours home. Be sure to wear something you don't mind getting paint on.

On October 8th, it's pumpkin carving time. We will have the option to paint, decorate or to carve a pumpkin. Will yours be a scary cat, Cinderella's coach, a spider filled cave, or a sick monster? I will have lots of pictures and ideas. You can take yours home or give to a friend.

November 12th is not that far from Christmas, so bring your Christmas card list. We will be addressing Christmas cards and making gift tags and gift bags using recycled Christmas cards. This is a clip and paste class that will help you get a jump on the holiday season. Bring your favorite recipes to make goodie tags to give as gifts for someone who wants your cookie recipe.

December 9th lets trim the tree cause it is ornament making time! Make some to give as gifts and some for your tree. Trade with your buddies.

As always, Art Classes are the second Tuesday of each month from 10:30 till 2:00, with a light lunch around noon. Not a day to wear your diamonds and furs, We like to get messy.

P.S. I really enjoy working with you and if you see something you want to learn how to make, lets see if we can make it happen next year.

THANK YOU, THANK YOU, THANK YOU

- To G.W. and Bill the 1,000 plates and utensil packets for our lunches!
- Susan Baker for the fun movie day in August. All the great movie food—hot dogs, nachos and Candy! Also to her helpers Dianna & Wendy!
- Charlene L. for giving our clients a birthday cake each month
- The Newsletter team—Sandra S., Dianna B. & George M.!
- Tideway's Lunch Bunch Brack and gang for the tasty lemon soup and tuna sandwiches!
- Richard & Woody for the delicious baked ziti lunch!
- Our own Mark jumped in to scramble 13 dozen eggs for the Christmas Brunch. (no shells were found) Also, to Nathan for cutting fresh fruit for 3 hours and Dianna and George for serving and cleaning up so beautifully!
- ShyKatz for the always WONDERFUL desserts!

FRIENDS FEEDING FRIENDS

The lunch program, "Friends Feeding Friends" has been a great success. Due to sensitive stomachs from the medications most of our clients are on, we ask that anyone providing lunch avoid real spicy food and of course no alcohol. If you are interested in donating a lunch, we feed 30-40 clients per week and a lunch sponsorship is \$100, Another opportunity to help with lunch is if you like to cook but cannot afford to buy the food, call us to see if we have any available funds. Please call Pam at 763-2437.

WISH LIST

- Two of our wishes came true! G.W. gave us lots of art supplies and George M. is getting us 20 pumpkins for the October art lesson. Thanks guys for jumping in so quickly.
- There is always a need for cat and dog food for our client's "babies".
- We are always in need of gently used clothes for our clients.

CONTACT INFORMATION

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